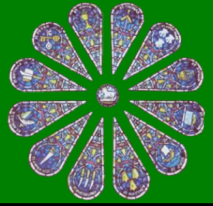




# St. Vincent de Paul Parish

2244 Marshall Avenue, Wheeling, WV 26003

We are the Roman Catholic Parish of St. Vincent de Paul in the Diocese of Wheeling-Charleston, established in 1895, embracing the spiritual and corporal needs of Elm Grove and Wheeling. We strive to live as faith-filled disciples of Christ and in doing so, spread His Gospel message of Love, Hope, Mercy and Eternal Life.



## The Fifth Sunday in Ordinary Time - Sunday, February 8th, 2026

# 5TH SUNDAY IN ORDINARY TIME YEAR A



Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father. ~ Matthew 5:16

### **First Reading - Isaiah 58:7-10**

By sharing with the hungry, sheltering the oppressed, and clothing the naked, one finds healing and God's presence. Helping others brings light in darkness.

### **Responsorial Psalm - Psalm 112:4-5, 6-7, 8-9**

A good person is kind, honest, and generous. He trusts in God and is steady, not fearing bad news. He helps the poor and is honored forever.

### **Second Reading - 1 Corinthians 2:1-5**

I came to you with fear and weakness, focusing only on Jesus Christ. My message showed the Spirit's power, so your faith would be in God's power, not human wisdom.

### **Gospel Acclamation - John 8:12**

I am the light of the world, says the Lord; whoever follows me will have the light of life.

### **Gospel Reading - Matthew 5:13-16**

Jesus told his disciples to be the salt and light of the world, showing their good works to others to glorify God in heaven.

### **PALMS NEEDED FOR ASH WEDNESDAY**

The ashes used for Ash Wednesday are made from the burned and blessed palms of the previous year's Palm Sunday. We are asking parishioners to bring Palms to St. Vincent's and place them in the basket located in the vestibule.

### **ASH WEDNESDAY MASSES**

Ash Wednesday Masses will be celebrated Wednesday, February 18th, at 9:00 am and 5:30 pm

**Parish Office Hours:** Monday through Thursday, 8:00 am - 3:00 pm / Friday, 8:00 am - 12:00 pm

**Phone:** (304) 242-0406 **Fax:** (304) 243-0837 **Email:** info@saintvincentparish.org **Website:** www.saintvincentparish.org **Facebook:** @StVincentWheeling

### **PARISH STAFF**

**Pastor:** Rev. Fr. Jeeson Stephan  
jstephan@dwc.org

**Deacon:** Dcn. Thomas J. McFadden  
tmcfadden@dwc.org

**Parish Secretary:** Susie Newmeyer  
info@saintvincentparish.org

**Finance & Accounting:** Geri Saari  
gsaari@saintvincentparish.org

**Maintenance & Facilities:** Gary Shaver  
maintenance@saintvincentparish.org

**Music Ministry & Event Coordinator:**  
Jacqueline Laurine  
jalaurine@saintvincentparish.org

**Parish School of Religion:** Derek Dimmey  
ddimmey@stvincentschool.org

**OCIA:** Cynthia Dimmey  
cdimmey2015@gmail.com

### **COUNCILS & COMMITTEES**

**Altar Society Chairs:**  
Mary K Bell & Cathy Piazza

**Finance Council Chair:**  
Larry Bandi

**Pastoral Council Chair:**  
Deacon Tom McFadden

**SVS School Advisory Board:**  
Lori Buchanan

### **BULLETIN SUBMISSIONS**

**The weekly Bulletin Submission Deadline is Tuesday evening!**

Please submit any announcements, articles and information to be included in the weekly bulletin by emailing them to: [technology@saintvincentparish.org](mailto:technology@saintvincentparish.org)

### **MASS SCHEDULE**

#### **WEEKDAY MASSES**

Tuesday - 5:30 pm

Wednesday - 5:30 pm

Thursday - 9:00 am

*(When School is not in session, Mass time is 8:00 am)*

Friday - 8:00 am

Saturday - 8:00 am

#### **SUNDAY MASSES**

Saturday - 5:00 pm (Vigil)

Sunday - 9:00 am & 11:30 am

- **Rosary** 30 minutes prior to each Mass

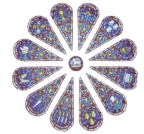
- **Adoration** Tuesdays from 10:00 am - 5:30 pm followed by Mass

- **Reconciliation** Saturdays from 4:00 - 4:30 pm, and on the 1st Saturday of the Month after morning Mass



# St. Vincent de Paul Parish School

Education for Your Child's Mind, Body, & Soul



127 Key Avenue, Wheeling, WV 26003  
(304) 242-5844

**Julie Peroni**, Principal  
**Tracy Thomas**, Office Manager & Administrative Assistant to the Principal

School Office Hours:

Monday through Friday: 9:00 am - 3:00 pm

Email: [jperoni@stvincentschool.org](mailto:jperoni@stvincentschool.org)

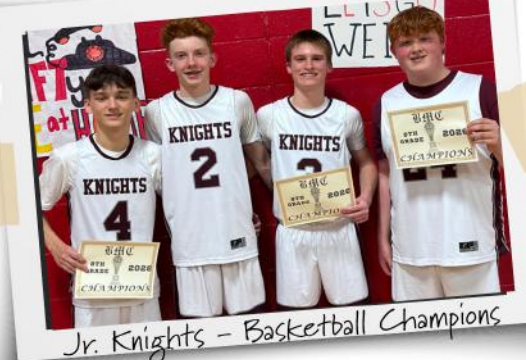
Website: [www.stvincentschool.org](http://www.stvincentschool.org)

Facebook, Instagram & YouTube: [@SVS.Wheeling](https://www.facebook.com/SVS.Wheeling)

Thursday, February 12th	~ School Mass, 9:00 am
Friday, February 13th	~ Valentine's Day Party, Sponsored by PSA ~ Noon Dismissal - No lunch
Monday, February 16th	~ Teacher Professional Development Day - No School (President's Day)



WV Middle School State Hockey Champions



Jr. Knights - Basketball Champions



Congratulations to our 2026 Aquinas Medal recipient: Milano Ammirante.



## SVS Stars

Our SVS family has had a busy 2026, and we couldn't be prouder of our students who balance faith, academics, and community!



## Parish Information

### 2025 CONTRIBUTION STATEMENTS ARE NOW AVAILABLE

You can call the Parish Office or you can print them from your Flocknote profile. Go to "Giving" to access your report.

If you have any questions contact **Susie Newmeyer** at [info@saintvincentparish.org](mailto:info@saintvincentparish.org)

or contact the **Parish Office** at 304.242.0406

### Attendance for January 31st & February 1st

5:00 pm - 80 / 9:00 am - 108 / 11:30 am - 83 / 10:15 am (OLSD) - 38

**Total Attendance: - 309**

### Offertory for January 31st & February 1st

Collection: \$7,220 / Online Giving: \$859.87

**Total Collection - \$8,079.87**

**Upcoming Second Collection, February 8th** - Church Missions within the United States

Ways to donate to St. Vincent de Paul Parish - Weekly Envelopes, Loose Check or Cash, On-line Giving.

How to give on-line: Go to the Church Website, [www.saintvincentparish.org](http://www.saintvincentparish.org). Click on **DONATE** at top right of page. / Click on the **White Give Online box**. / It will take you to the page to give. If you have any questions do not hesitate to call the Parish Office.

When writing checks for any collection, please make all checks payable to **St. Vincent's Church**.

**THANK YOU FOR YOUR CONTINUAL PARISH SUPPORT!**

# Parish Information

## Liturgy and Minister Schedule

### The Fifth Sunday in Ordinary Time - Sunday, February 8th, 2026

#### Background on the Gospel Reading:

Following upon the teaching of the Beatitudes, Jesus uses the now familiar metaphors of salt and light to describe the life of discipleship. We take salt and light for granted in our society, but these commodities were more precious in ancient cultures. Just as now, salt was used in Jesus' time for flavoring, as a preservative, and as a healing agent. Similarly, the widespread use of electricity in the modern world makes us less aware of the value and importance of light in our lives.

Still, our familiarity with this passage from Matthew's Gospel speaks well to the abiding power of the imagery that Jesus presented. Jesus' call to be salt for the earth and light for the world powerfully states our mission as Church and as Christians. Our commitment to social justice flows from the exhortation that Jesus gives us in today's Gospel. Some of the activities that this commitment leads us to are given more concrete expression as the Corporal and Spiritual Works of Mercy. When we feed the hungry, clothe the naked, console those who mourn, and so on, we show ourselves to be the salt of the earth and the light of the world. When we do these things with the community of faith, the Church, we are indeed acting as "a city set on a mountain" that cannot be hidden!

#### Greeters for February 7th & February 8th

5:00 pm - John Bartsch & Jeff Klosinski / 9:00 am - Gwen Gress & Cynthia Dimmey / 11:30 am - Derek & Madelyn Reed

Date	Time	Mass Intentions	Lectors	Eucharistic Ministers
Sat. February 7th	8:00 am 5:00 pm	† Frank & Norma Jean Dorsch † James Derrow	Cecilia Palmer	Wally McMasters, Carol Harris & Vickie Joseph
Sun. February 8th	9:00 am 11:30 am	† Sr. Mary Alice McMasters All the People of the Parish	Denny Beiter Lori Buchanan	Mary K Bell, Maria Minor & Derek Dimmey Lisa Armstrong, Karen Bates & Susie Newmeyer

**Living the Word This Week:** *How can I make my life a gift for others in charity?  
Keep a gratitude journal for a week, taking notice of God's blessings and thanking him for them.*

Tues. February 10th	5:30 pm	† Grazia, Generoso Cerrone & Dante Camastrò	<b>CHILDREN'S LITURGY (2.8.26):</b> Tammy Rosenthal <b>ALTAR SERVERS (Weekend Masses)</b> Sam Anderson, Logan Buchannan, Emma Dean, Ava Dominquez, Lily Eikey, Eleanor Hortet, Lydia Koval, Landon Kazemka, Aria Moore, Andrew Rowan, Brody Turkaly, Justin Wilson	
Wed. February 11th	5:30 pm	† Michelle Allen		
Thur. February 12th	9:00 am	† Agnes & John Miller		
Fri. February 13th	8:00 am	† John Kuntz		

#### Greeters for February 14th & February 15th

5:00 pm - John Bartsch & Jeff Klosinski / 9:00 am - Matt & Susie Koval / 11:30 am - Nancy Freeman & Gwen Gress

Sat. February 14th	8:00 am 5:00 pm	† Margaret & ♥ Ken Keyser All the People of the Parish	Vickie Joseph	Nancy LaBrosse, Tom McFadden & Carol Harris
Sun. February 15th	9:00 am 11:30 am	† Pam Ammirante † Dante Camastrò	Mary K Bell Cecilia Palmer	Lynn Hetzel, Mary K Bell & Matt Koval Judy Stadler, Lisa Armstrong & Barb Napple

#### READINGS FOR THE WEEK

**M - FEBRUARY 9TH - MONDAY OF THE FIFTH WEEK IN ORDINARY TIME**

1 Kgs 8: 1-7. 9-13 / Ps 132: 6-7. 8-10 / Mk 6: 53-56

**T - FEBRUARY 10TH - MEMORIAL OF SAINT SCHOLASTICA, VIRGIN**

1 Kgs 8: 22-23. 27-30 / Ps 84: 3. 4. 5 AND 10. 11 / Mk 7: 1-13

**W - FEBRUARY 11TH - WEDNESDAY OF THE FIFTH WEEK IN ORDINARY TIME**

1 Kgs 10: 1-10 / Ps 37: 30-31. 39-40 / Mk 7: 14-23

**T - FEBRUARY 12TH - THURSDAY OF THE FIFTH WEEK IN ORDINARY TIME**

1 Kgs 11: 4-13 / Ps 106: 3-4. 35-36. 37 AND 40 / Mk 7: 24-30

**F - FEBRUARY 13TH - FRIDAY OF THE FIFTH WEEK IN ORDINARY TIME**

1 Kgs 11: 29-32; 12: 19 / Ps 81: 10-11AB. 12-13. 14-15 / Mk 7: 31-37

**S - FEBRUARY 14TH - MEMORIAL OF SAINTS CYRIL, MONK, AND METHODIUS, BISHOP**

1 Kgs 12: 26-32; 13: 33-34 / Ps 106: 6-7AB. 19-20. 21-22 / Mk 8: 1-10

**S - FEBRUARY 15TH - SIXTH SUNDAY IN ORDINARY TIME**

Sir 15: 15-20 / Ps 119: 1-2. 4-5. 17-18. 33-34 (1B) / 1 Cor 2: 6-10 / Mt 5: 17-37

#### Flavor, Preservation, and Purity:

*Jesus said to his disciples: "You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot." ~ Matthew 5:13*

*Most pure and enriching Lord,  
You alone enrich and enhance our lives,  
preserve us from sin, and make us a pure  
offering to Your Father.*

*Please use me to be an instrument of Your grace  
to the world, making me the "salt" that remains  
pure and effective, to bring Your saving truth  
to the ends of the earth.*

*Jesus, I trust in You.*

# Prayer & Worship

## Prayer List, Mass & Adoration Opportunities, Religious Education



### Prayer Requests

Abina Baker	Rosemary Mackey
Charles Ballard	Sue Marple
Brenda Beiter	Brandt Mazeroski
Barb Bennett	Wally McMasters
Russ Bennett	Kathleen Huffman Miller
Patricia Bock	Kelsey Miller
Adrian Boggs	Joseph Moskitis
Linda Boggs	Arlene Muccioli
Cheryl Boissy	Lois Naegele
JP Boissy	Bob Neidhardt
Steven Bonenberger	Curt Nethercutt
Carl Bott	Mary Ann Nolte
Mary Kay Britt	Nancy Oliver
Bill Childers	Michael Pichette
Kayla Clayton	Josie Purpura
Debbie Clear	Jenna Russell
Theresa Comer	Paul Russell
Gerald Cook	Peggy Shalvey
Linda Curtis	Jessica Shell
Holly Custer	Julie Shiess
Judy Dietrich	Addison Stephens
Kerry Dietrich	Robbie Stern
Buck Ebert	Joe Tankovits
Ethan Eckman	Dave Taylor
Barbara Fitzsimmons	Stephanie Temple
Keven Freeman	Joann Thomas
Rita Gallo	Marlene Trischler
Mary Beth Greenwood	Glen Ullom
Barry Helms	Lynn Uraco
Anne Hellstern	Christy Yopal
Greg Hicks	Kathy Wagner
Joe Holly	Machelle Walton
Rusty Jebbia	A.D. & Pam Wilson
Ginger Kent	Ann & Charlie Wolfe
Rosemary Kimmins	Dick Wolfe
Alice Knollinger	Logan Wolfe
Lori Konarski	Barbara Zorn
Susie Koval	All Homebound, Sick and
Al Kreitzer	Shut-Ins
Flavia Langan & Family	<b>Good Shepherd:</b>
Marcia Laughlin	Ted McKeets
Jacqueline Laurine	<b>Peterson:</b>
Geralyn (Gigi) Latz	Jim Sengewalt
Brandi Mackey	
Richard Mackey	

Due to privacy concerns, we cannot publish names of sick or hospitalized without the permission of the individual or their family. To have someone placed on the prayer chain or taken off the prayer chain, please call the Parish Office at (304) 242-0406.

### FEBRUARY DEVOTIONS



By tradition, the Catholic Church dedicates each month of the year to certain devotion.

The month of February is dedicated to the **Holy Family**.

### THE HOLY FATHER'S INTENTIONS FOR THE MONTH OF FEBRUARY 2026 For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

<https://popesprayerusa.net/popess-intentions/>

### COMMEMORATIVE MASS ASSOCIATION (February)

Please pray for:

Guy Bellanco,  
Tom & Anna Bellanco,  
Ronald Patrick Fields,  
Fitzpatrick and Derraw Families,  
Stanley, Helen, Stanley Jr. Matusek,  
McCulley and Schraml Families,  
Don Edward Miller,  
Felicia Montagna,  
Dorothy & Edward G. Patrick,  
Frank Pietranton

### EUCCHARISTIC ADORATION



This invitation is from Jesus, and it is personal to you! To spend just one hour each week with Him. Eucharistic Adoration takes place **Tuesdays, 10:00 am - 5:30 pm**. Benediction is at **5:30 pm**, followed by Mass.

In the Garden of Gethsemane Jesus reminds us of this invitation: "Could you not keep watch for one hour with me?"

### BAPTISM:

Please contact the Parish Office to arrange for a meeting with Deacon Tom McFadden as well as the necessary preparation.

### MARRIAGE:

Engaged couples should contact the parish Office at least six months in advance to make an appointment with Fr. Jeelson.

### PSR:

PSR Classes meet every Sunday from 10:15 am - 11:15 am in the Parish Center.

If you would like to register your child for these classes, please pick up a form in the vestibule of the church. Completed forms can be turned into the parish office.

If you have any questions, please email Derek Dimmey at [ddimmey@stvincentschool.org](mailto:ddimmey@stvincentschool.org)

### OCIA:

Any non-Catholic interested in becoming a Catholic can contact the Parish Office for information regarding the Order of Christian Initiation of Adults or contact Cynthia Dimmey at [cdimmey2015@gmail.com](mailto:cdimmey2015@gmail.com).

### ANOINTING OF THE SICK

Priests and Extraordinary Ministers of Holy Communion are available to bring Holy Communion to parishioners confined to home. Please call the Parish Office to make arrangements. Those who are seriously ill or who are preparing for surgery should request a priest for Anointing of the Sick.

### HOME VISITS

Anyone knowing of a homebound or sick parishioner that might like a visit from Fr. Jeelson, please contact the Parish office at (304) 242-0406.

### THEMES FOR THE 5TH SUNDAY IN ORDINARY TIME, YEAR A

The 5th Sunday in Ordinary Time Year A highlights the call to care for others and shine in the world. The readings show how kindness, faith, and good actions bring light and hope.

**Helping those in need:** Giving food, shelter, and clothing to others brings healing and joy. When people help those who suffer, they find peace and feel closer to God.

**Living by faith:** Faith should rest on God's power, not on human knowledge. Trusting in Him gives strength, even when feeling weak.

**Being a light:** Jesus calls people to shine by doing good. When others see kindness and love, they are drawn closer to God.

**Making a difference:** Just as salt changes food, people can change the world. Small acts of goodness bring hope and encouragement.

**Showing God's love:** Faith is not just words but actions. Loving others reflects God's goodness in everyday life.

**Overcoming fear with trust:** Weakness and fear should not stop people from sharing their faith. Trusting in God's help brings courage.

**Glorifying God:** Good works should not be done for attention. They should point others to God and His goodness.

The 5th Sunday in Ordinary Time Year A reminds people to share, trust, and shine. When they live with kindness and faith, they bring hope to the world.

# Parish Outreach

## Service Organizations, Announcements & Ministries

### SCHEDULING OF MEETINGS IN THE RECTORY / MARIST CENTRE

If you are hosting a meeting here at St. Vincent's and using the Rectory /Marist Centre as your meeting space, please let the Parish Office know ahead of time. Thank you!

### LECTOR TRAINING

There will be Lector training for all new Lectors!  
~ **February 21st** after the **5:00 pm** Mass  
~ **February 22nd** after the **9:00 am** Mass.

### ANNUAL WORLD MARRIAGE DAY CELEBRATION AT ST. VINCENT DE PAUL PARISH

Join us on **Saturday, February 14th**, for an evening of celebrating your love for your spouse and the blessings of your marriage together in the Sacrament of Marriage.

The celebration will begin at the 5:00 pm Mass, followed by a wine / coffee / tea and cheese & meat social, special meal, and a brief witness of one couple as to the blessings of the Sacrament of Marriage in their lives in the Marist Center.

The evening will conclude with coffee and wedding cake served to the group.

You are invited to bring your wedding photos and albums to be displayed for everyone to enjoy.



Reservation forms are in the vestibule.  
For reservations or additional information,  
please call **Dennis or Brenda Beiter at 304-238-4904**,  
or **John or Dorothy Dudzik at 304-243-1104**.

### OLSD ALTAR SOCIETY

I am asking if there is anyone who is available to help with the **prep work on Thursday's** during Fish Fry Season. It is on the day before the fish fry that we make Cole Slaw, Macaroni and Cheese and the Vegetable Soup. It is a six week commitment and I could truly use the help.

Please contact me at **304-242-2355**. Thank you! Mary K. Bell

### ATTEND MASS WHEN TRAVELING

If you are traveling or attending a new church, it can be difficult to find Mass times or church contact information within a specific area.

**CatholicMassTime.org** provides easy access to Mass schedules, church locations, parish contact information and more. Our mission is to connect Catholics with church information across the country, in every state within the USA. We hope our service will help you and your family more easily find Mass times while traveling or at home.



### From the Diocese of Wheeling-Charleston

To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at **800-352-6513**. To report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact the Diocese at **888-434-6237** or **304-233-0880**.

### PSR

If your child is preparing to receive First Reconciliation, First Holy Communion, or Confirmation, here are the dates for upcoming Sacraments.

~ **First Reconciliation**, scheduled for **Tuesday, March 3rd**

~ **First Communion Retreat**, scheduled for **Saturday, May 2nd**

~ **First Communion**, scheduled for **Sunday, May 3rd**.

~ **Confirmation Retreat**, scheduled for **Thursday, April 30th** after 9:00 am Mass

~ **Confirmation** at SVDP, **Saturday, May 16th** at 5:00 pm Mass

If you have any questions please email Derek Dimmey at [ddimmey@stvincentschool.org](mailto:ddimmey@stvincentschool.org)

### OCIA

Please keep the catechumens and candidates in your prayers as they journey toward full communion with the Catholic Church, particularly as they undergo Rites of Welcoming, and Election. Their path involves deep study, discernment, and preparation for the Sacraments of Initiation.

~ **Rite of Sending** is scheduled for **Sunday, March 1st**, at St. Vincent de Paul Parish, Wheeling, at **9:00 am**

~ **Rite of Election** is scheduled for **Sunday, March 1st**, St. Alphonsus Parish, Wheeling, at **3:00 pm**

### ST. VINCENT DE PAUL SOCIETY

*"It is better to give than to receive"*

This Catholic lay organization leads women and men to join together to service those who are needy and suffering.

If you would like to attend a meeting, call **Mary Lou Kent at 304-242-1019**.

### THIRD ORDER OF MARY

The Third Order of Mary are not meeting in the months of January and February.

The next meeting is scheduled for **Saturday, March 14th, 2026** at **10:00 am** in the Caveney Room.

### ST. JOHN'S BEREAVEMENT GATHERING

*Grief from a Faith Perspective:*

If you, or someone you know has lost a loved one and may benefit from a gathering for those grieving, please join us at **6:00 pm** on the last Monday of each month at St. John's Fellowship Hall in Benwood, WV.



Facilitators: Deacon Doug Breiding,  
Deacon Tom & Michele McFadden  
*Sponsored by Mount Calvary Cemetery*

Next gathering will be on  
Monday, February 23rd

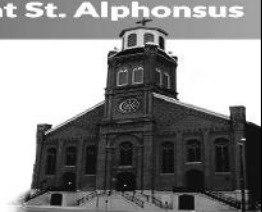
**Thursdays @ 7:30 p.m.**  
**Wheeling Area CIR Group at St. Alphonsus**

Catholic sacramental  
recovery and fellowship for  
those seeking freedom from  
addictions, compulsions, and  
unhealthy attachments.



**FAITH | FREEDOM | FELLOWSHIP**

**Beginning Thursday, March 5th, 2026**  
the **Catholics In Recovery Meeting @ St. Alphonsus Parish**  
will meet at **7:00 PM** (previously 7:30 PM)



# ***Lenten Study Series Topics***

***"Conversion and Renewal: A Lenten Journey with Christ"***

Each **Thursday** during the Lenten Season, St. Vincent de Parish will be hosting a study series that is open and available for anyone to attend. Each study series begins at **6:00 pm** in the **Sanctuary**.

**Week 1: Thursday, February 19th. - "The Mass Explained: Why We Do What We Do"**

Explore each part of the Mass, its scriptural roots, and spiritual meaning.  
Presented by Justin Golna, Judicial Vicar, DWC

**Week 2: Thursday, February 26th. - "The Real Presence: Understanding the Eucharist"**

Presented by Fr Carlos, Pastor St Michael, Wheeling

**Week 3: Thursday, March 5th - "Faith Sharing and Witness Testimonials"**

Presented by Deacon Tom & Michelle McFadden, and Barb Napple

**Week 4: Thursday, March 12th. - "Conversion and Renewal: The Journey of Lent"**

Repentance, confession, spiritual combat, and growth in holiness.  
Presented by Fr Joseph Wiley, Pastor Corpus Christi, Warwood

**Week 5: Thursday, March 19th. - "The Seven Last Words of Christ"**

Forgiveness, suffering, hope, trust, surrender.  
Presented by Fr John Soplonski, Vocation Director, DWC

**Week 6: Thursday, March 26th. - "Walking with Jesus to Calvary: The Passion Narratives"**

Study the Passion in the gospel of John  
Presented by Fr Jeelson Stephen, Pastor St. Vincent de Paul, Wheeling

**How to Find Time in the Day for Lent**

The fast pace of your life may seem to leave little time and energy for the traditional Lenten practices. But you can weave moments of spiritual awareness and service into even the busiest of schedules. The trick is to see Lenten practice as part of, rather than in addition to, each activity of your ordinary hectic day.

The three foundational practices of Lent are **prayer**, **fasting**, and **almsgiving**. Here's how to think about them in a new way:

**Praying Daily** - If you make a habit of saying a little prayer whenever someone irritates you, cuts you off in traffic, or makes life difficult; when someone does you a favor, you experience great and friendly service, or when something joyful happens to you—you will soon find yourself praying your way through the day. Try this simple practice and you will be observing the Catholic Church's call for greater prayer during the Lenten season. You will also find that this habit makes your life flow smoother, your self more centered, and your Spirit more aware of God's presence.

**A Different Type of Fasting** - There are many ways to fast. Why not fast from criticism, gossip, judging others, or passing on rumors? Why not abstain from unwarranted fear and anxiety? You can also tell that inner voice inside your head that criticizes you to abstain from eroding your ability to be the confident, blessed person God calls you to be. These are beautiful ways to observe the Lenten call to fasting and abstinence. In the book, *Praying Lent*, the authors offer suggestions on different ways to fast during Lent.


**Give of Yourself** - Daily life also offers countless opportunities to give of yourself to others (alms), and most don't involve dipping into your wallet. Give encouragement to the doubting, give a word of praise to the insecure, show kindness to someone who could use a friend, and offer a word of thanks to those whose service of others often goes unappreciated. Give the gift of your attention to someone who simply wants to be noticed. Tell your children stories about people whose values you admire when you gather at mealtime. Don't be stingy with your smiles—give them freely to everyone you meet. And most important, give your love to those close to you. Hug them, hold them, and tell them what they mean to you. In this way you open your heart to God and others.

So no matter how busy you are in life, with some greater awareness and new perspectives you can consciously pray, fast, and give of yourself this Lent—and you will be ready to celebrate when a joyful dawn breaks upon you Easter morning.


# Lenten Calendar

SVDP Events

## FEBRUARY 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
15	16	17 <b>Mardi-Gras Pancake Dinner</b> 6:00 pm - 8:00 pm 	18 <b>LENT BEGINS!</b> <i>Day of Fasting and Abstinence</i> 	19 <b>Lenten Study Series</b> "The Mass Explained: Why We Do What We Do" - 6:00 pm	20 <i>Day of Abstinence</i> <b>OLSD Fish Fry!</b> <b>Stations of the Cross</b> 7:00 pm	21 Lector training for all new Lectors after the 5:00 pm Mass
22 <b>1st Sunday of Lent</b> Lector training for all new Lectors after the 9:00 am Mass	23	24	25	26 <b>Lenten Study Series</b> "The Real Presence: Understanding the Eucharist" - 6:00 pm	27 <i>Day of Abstinence</i> <b>OLSD Fish Fry!</b> <b>Stations of the Cross</b> 7:00 pm	29

## MARCH 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <b>2nd Sunday of Lent</b> <i>Rite of Election celebrated at St. Alphonsus, 3:00 pm</i>	2	3 <b>PSR</b> First Reconciliation	4	5 <b>Lenten Study Series</b> "Faith Sharing and Witness Testimonials" - 6:00 pm	6 <i>Day of Abstinence</i> <b>OLSD Fish Fry!</b> <b>Stations of the Cross</b> 7:00 pm	7
8 <b>3rd Sunday of Lent</b>	9	10	11	12 <b>Lenten Study Series</b> "Conversion and Renewal: The Journey of Lent" - 6:00 pm	13 <i>Day of Abstinence</i> <b>OLSD Fish Fry!</b> <b>Stations of the Cross</b> 7:00 pm	14
15 <b>4th Sunday of Lent</b>	16	17 	18	19 <b>Lenten Study Series</b> "The Seven Last Words of Christ" - 6:00 pm	20 <i>Day of Abstinence</i> <b>OLSD Fish Fry!</b> <b>Stations of the Cross</b> 7:00 pm	21
22 <b>5th Sunday of Lent</b>	23	24	25 <b>Solemnity of the Annunciation of the Lord</b>	26 <b>Lenten Study Series</b> "Walking with Jesus to Calvary: The Passion Narratives" - 6:00 pm	27 <i>Day of Abstinence</i> <b>OLSD Fish Fry!</b> <b>Stations of the Cross</b> 7:00 pm	28
29 <b>PALM SUNDAY</b>	30	31 <i>Chrism Mass celebrated in Wheeling, 4:00 pm</i>				

## APRIL 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 <b>HOLY THURSDAY</b>	3 <b>GOOD FRIDAY</b> <i>Day of Fasting and Abstinence</i>	4 <b>HOLY SATURDAY</b>
5 <b>EASTER SUNDAY</b>						

# Lent

## Announcements



### LENT

Lent is a 40 day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter.

**FASTING DAYS:** include Ash Wednesday and Good Friday (one full meatless meal is permitted), and meatless Fridays during Lent (fish and shellfish are permitted).

**THE THREE PILLARS:** of Lent are **prayer, fasting** and **almsgiving**. In addition to fasting, many also choose to abstain from other comforts during Lent.

**HOLY WEEK:** begins with **Palm Sunday**, March 29th, a celebration of Christ's triumphant return to Jerusalem.

**EASTER TRIDUUM:** begins with **Holy Thursday**, April 2nd, at Sunset, signaling the end of the Lenten season.

### RESOURCES FOR YOUR LENTEN JOURNEY

As Catholics around the world gather for Mass and prayer services on Ash Wednesday, we are bonded by the physical and spiritual connection we share as followers of Jesus. Use the resources on this page to further your knowledge and appreciation of the sacred rituals of Lent.

<https://www.loyolapress.com/catholic-resources/liturgical-year/len/arts-and-faith-for-lent/cycle-a/arts-and-faith-week-1-of-lent-cycle-a/>

### STATIONS OF THE CROSS DURING LENT

Stations of the Cross will be celebrated at St. Vincent's Parish each **Friday** during Lent at **9:00 am (school)** and at **7:00 pm**.

On **Good Friday**, Stations of the Cross will be celebrated at Our Lady of Seven Dolors Mission at **3:00 pm**.

### OLSD ALTAR SOCIETY LENTEN FISH FRY'S

Please join us for the Fish Fry's at Seven Dolors! Every Friday during Lent, **11:00 am through 5:30 pm** (or until Sold Out)



February 20th / February 27th / March 6th  
March 13th / March 20th / March 27th

50/50 Tickets will be sold at each Fish Fry  
Drawing will be held on the last Fish Fry (March 27th)

Eat in, Carry Out, and Local Delivery available  
Please call OLSD at **304-547-5342**

All of the funds raised go to help St. Vincent de Paul Church

### HAND-CARVED GIFTS FROM THE HOLY LAND

There will be a collection of beautiful handmade olive wood carvings from Bethlehem in the Holy Land displayed at St. Vincent de Paul Parish the weekend of February 21st & 22nd after each Mass.

These carvings are authentic hand-carved olive wood gifts from the Holy Land, including nativity scenes, crucifixes, rosaries, and statues made by the Christians of Bethlehem, who use them as their main source of income.

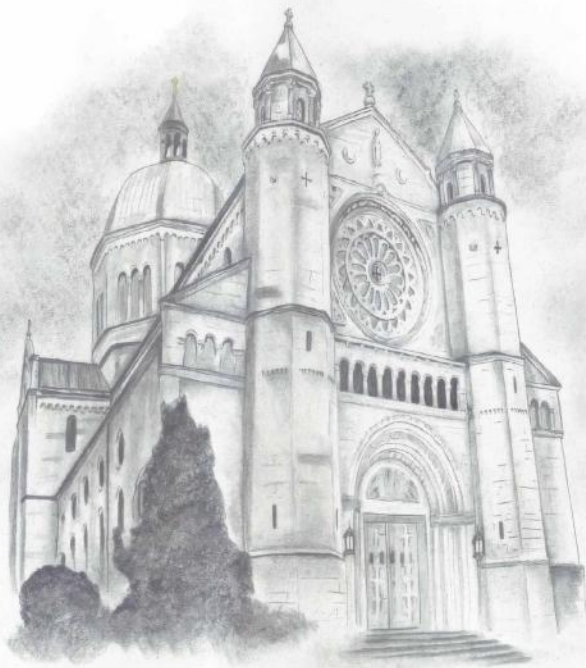


*Pictured to the left is the sketch of the Cathedral of St. Joseph in Wheeling created by an artist incarcerated at Mount Olive Correctional Complex.*

*Cathedral staff presented the sketch to Pope Leo XIV at the Vatican. (Courtesy photo)*

*Read the full article in the latest edition of The Catholic Spirit (February 6, 2026 issue) by visiting this webpage.*

<https://thecatholicspiritwv.org/>



# Lent

## Announcements



### LENTEN DISCIPLINES OF FASTING & ABSTINENCE

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

©LPI

### Our Lady of Peace Parish Infant of Prague Novena



**January 26 - March 23 (9)**  
Mondays at 7:00 pm  
Adoration and Guest Homilist

*"The More You Honor Me, The More I will Bless You"*

## HOLY HOUR FOR PEACE

*"A moment of renewal  
for our hearts  
and for our nation."*

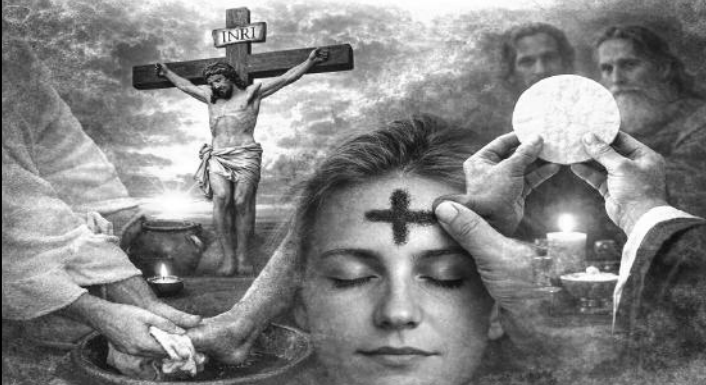
4pm, Friday, February 6  
St. Alphonsus Church

2111 Market Street, Wheeling



Our Lady of Peace Parish  
Invites you to find rest and restoration at our  
**Lenten Healing Retreat**  
Saturday, March 7  
9:00 AM - 12:00 PM

Step away from the noise of the world and open your heart to a morning of grace, peace, and prayer.



We welcome Rev. Sunil Thomas

Former Director of the St. Vincentian Retreat Center, New Jersey  
As he leads in

Lenten Retreat and Talk      Eucharistic Adoration  
Benediction                      Anointing of the Sick

*"Come to me, all you who are weary and burdened, and I will give you rest."*

We look forward to sharing this morning of healing with you.

## St. Joe's Parish Lenten Mission

with Deacon Harold Bunke-Sivens  
*a.k.a. the Dynamic Deacon!*

229 California Ave. Weinton, WV 26062  
Questions? Call 304-723-2054

March 22-24, 2026

7:00 - 8:00 PM: Talk  
8:00 PM-TBD: Confession,  
Meet & Greet, Book Sales,  
& Refreshments!

Deacon Harold Bunke-Sivens - known around the world as the "Dynamic Deacon" - is one of the most sought-after speakers in the Church today. He is a powerful and passionate evangelist and preacher, whose no-nonsense approach to living and proclaiming the Catholic faith will challenge and inspire those who hear him.



Scan the QR Code to  
Register for Free!

# Parish Information

## Weekly Calendar & Upcoming Events

### SVDP - A LOOK AHEAD...

Prayer of the Week	Lord, help us to be salt and light in the world. Give us the courage to act with love and kindness. Help us to trust in You, even when we feel weak. May our actions bring hope to others and lead them closer to You. Amen.
Sunday, February 8th	~ <b>The Fifth Sunday in Ordinary Time</b> ~ <b>Small Group</b> , (Drnach), 10:10 am - 11:20 am ( <b>Apologetics from Ignatian Spirituality</b> ) ~ <b>Church Choir Rehearsal</b> , 8:30 am (Singing at the 9:00 am Mass)
Monday, February 9th	~ <b>Bell Choir Rehearsal</b> , 3:00 pm, in the Chapel
Tuesday, February 10th	~ <b>Adoration</b> , 10:00 am - 5:30 pm ~ <b>Small Group</b> , (LaBrosse), 2:00 - 3:15 pm, in the Youth Room
Wednesday, February 11th	~ <b>WEDNESDAY NIGHT BINGO!</b> ~ Doors open at <b>4:30 pm</b> / BINGO starts at <b>6:00 pm</b>
Thursday, February 12th	~ <b>Small Group</b> , (McKeets), 2:00 - 4:00 pm (The Chosen - Season 4) ~ <b>Small Group</b> (Mazzocca), 3:00 - 4:00 pm (now meeting at the Mazzocca's House. If you want to join their small group contact Barb Mazzocca.)
Friday, February 13th	~ <b>Rosary</b> (Mazzocca), 4:00 - 5:00 pm
Sunday, February 15th	~ <b>The Sixth Sunday in Ordinary Time</b> ~ <b>Small Group</b> , (Drnach), 10:10 am - 11:20 am ( <b>Apologetics from Ignatian Spirituality</b> ) ~ <b>Church Choir Rehearsal</b> , 8:30 am (Signing at the 9:00 am Mass)

### UPCOMING SVDP SOCIAL EVENTS...

#### MARDI-GRAS PANCAKE DINNER

When: **Tuesday, February 17th**

Where: **Marist Centre**

Time: **6:00 pm - 8:00 pm**

Please sign-up in the vestibule!



#### MARDI-GRAS VOLUNTEERS NEEDED!

Assistance needed for the Mardi Gras Pancake Dinner on Tuesday February 17th. Help is needed to setup, serve and clean up. Please see Jacki or call the parish office. Thank you!

#### SVDP BINGO DATES FOR FEBRUARY

Wednesday, February 4th

Wednesday, February 11th

**NO BINGO, February 18th (Ash Wednesday)**

Wednesday, February 25th

#### THANK YOU!

to each and every one of our **BINGO VOLUNTEERS** (week of 2-4-2026)

for helping to make our

**Wednesday Night Bingo** successful!

*John Bartsch, Mary Gibson, Gwen Gress, Faith Hicks, Jeff Klosinski, Camille Laudermilt, Jim & Jacki Laurine, Bruce & Anita Littleton, Celila Palmer, Stan Pawloski, Don Stenger*



#### EUCHRE NIGHT - Friday, March 6th

Doors open at 6:30 pm

Euchre starts at 7:00 pm

\$10 per person

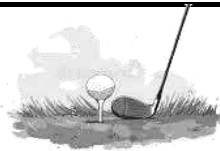
#### SAVE THE DATE!

Sunday, July 12th

SVDP Golf Scramble

Oglebay's Crispin Golf Course

\$400 per team (4 golfers)



THANK YOU to everyone who purchased squares on our Super Bowl Board! Good luck to all participants!

SVDP Super Bowl LX Squares \$10 each	1st Q = \$100		2nd Q = \$100		3rd Q = \$100		Final = \$200		AFC PATRIOTS												
	4	2	5	8	3	0	6	9	7	1	5	7	4	1	3	0	6	9	7	1	
5	Rod Miller	Gwen Gress	Susie Newmeyer	Dorothy Dudzik	John Dudzik	Nancy LaBrosse	Vickie Joseph	The Sporn Kiddos	Tracy Thomas	Don Miller											
7	The Dwyer	Derek Dimmey	Tracy Thomas	Joe Terpin	Joseph Staff	Tracy Thomas	Jim Laurine	Suey Martin	John Reasbeck	Sue Forrester											
4	Buck Ober	Gigi & Stellan	Harry Hinner	Tim & Cindy Letz	Georlyn Teufel	Dorothy Dudzik	Dab & Stan Pawloski	Conne Burns	Tammy Rosenthal	Gary Shover											
1	Dave Gilot	Greg Armstrong	John Bartsch	Dab Kunz	Jayven Wenzel	Carl Palmer	Rena Bowman	Jama & Emma	Mary Rose Nichols	Sandy Frasnelli											
3	Tracy Thomas	Mary Rose Nichols	Dorothy Dudzik	Vickie Joseph	Susie Newmeyer	Chris Neidhardt	Leo Bosny	Lynn Hitzel	Sandy Frasnelli	John Reasbeck											
8	Stellan & Sailer	Tammy Forrester	Joe Terpin	Derek Dimmey	Bill Peck	Brad West	John Dudzik	Geri & Susie	Tom Clark	Jim Laurine											
6	Sandy Frasnelli	Jama & Emma	Rose Dimmey	Nathan Martin	Don Miller	Gigi & Sailer	Dave Gilot	Vickie Joseph	Mary Ann Miller	Sandy Frasnelli											
0	Dorothy Dudzik	Georlyn Teufel	Susie & Geri	Tom Clark	Charlene Templin	Sandy Frasnelli	Regis Wenzel	The Dwyer	Cindy West	Geri & Rene											
9	Sandy Frasnelli	Tracy Thomas	Barb Neagle	Sandy Frasnelli	Jacki Laurine	Sandy Frasnelli	Rose Dimmey	Dave Gress	Leo Bosny	Stellan & Sailer											
2	Mary Beth Neidhardt	Derek Dimmey	Sandy Frasnelli	Lexi Pawloski	Sandy Frasnelli	Jacki Laurine	Beth Ann Phillips	Sandy Frasnelli	Dave LaBrosse	Vickie Joseph											

**HELP WANTED**

We could use a few extra hands to help with our Wednesday Night Bingo!

WE LOVE HAVING YOU AS a part of our Flock!

Keep in touch with us via email and text!

TEXT SVDPWHEELING TO 84576

OR CONNECT WITH US ONLINE AT: svdpwheeling.flocknote.com

Text STOP to 84576 to stop txt notifications at any time. Text HELP for help. There is no charge for this service, but your carrier message and data rates may apply. View full privacy policy & terms at flocknote.com/txt.

Now is the  
time to  
Talk!

*Kepner*  
FUNERAL HOMES  
CREMATORY

304.232.5110 | [KepnerFuneral.com](http://KepnerFuneral.com)  
James B. Kepner President | Melissa Hill COIC

TONY'S SPA AT  
THE HIGHLANDS

335 Wharton Circle #143  
Triadelphia, WV 26059  
304.909.0179

ORIGINAL  
*Di Carlo's*  
FAMOUS  
PIZZA®

Highlands

304-909-0534

355 Wharton Drive  
Triadelphia, WV 26059

[dicarlofamouspizza.com](http://dicarlofamouspizza.com)



You Deserve A Bank This Good.

2001 Main Street | Wheeling | 304-232-2001  
2088 National Road | Elm Grove | 304-242-6005  
1010 Commerce Street | Wellsburg | 304-737-2345  
112 N. Lafayette Avenue | Moundsville | 304-845-2211  
[www.mymainstreetbank.com](http://www.mymainstreetbank.com)

Good Shepherd treats  
us like family



Fahy-Leavitt Insurance Agency  
Wheeling, WV  
1203 Mt. DeChantal Rd.  
304-242-8840

Place your  
ad here

Place your  
ad here

Place your  
ad here

Place your  
ad here



[www.WeltyHome.org](http://www.WeltyHome.org)  
(304) 242-1093

**Please Support Our Advertisers!**

*They make the printing  
of our Weekly Bulletin possible!*

**Advertising Space still available for this  
year's bulletin! (Fiscal Year 2025-2026)**

*Please contact Rea Stein at 304-280-8948  
for more information*

TOGETHER IN FAITH  
Wheeling Vicariate

This platform will enable all parishioners and parishes within the Wheeling Vicariate to share our best practices, events, discussions, and faith-related content. It encourages engagement in online Bible studies, discussions about faith, and sharing of uplifting content. The goal is to celebrate achievements, share positive narratives, and support each other on our spiritual journeys. Let's unite together in faith!



JOIN OUR FACEBOOK COMMUNITY  
<https://www.facebook.com/groups/wheelingvicariatestogetherinfaith>

"The Pre-Arrangement Funeral Home"



WHEELING  
ELM GROVE  
MOUNDSVILLE  
BENWOOD/MCMECHEN

Call: 304-232-0330



www.AltmeyerFuneralHomes.com

Jimmy Altmeyer President  
Jim Altmeyer Chairman  
Gene Fahey Vice President

# BLEIFUS TIRE

# SERVICE

# 304-547-5300

**COLEMAN'S FISH MKT.**

For All Your Fresh Seafood Needs  
304-232-8510

**middle creek garage inc.**

Phone (304) 547-5911  
Toll Free (877) 547-5911

Light to Heavy Duty Trucks

**CSI**  
CARNEY & SLOAN INC.

Food Service Equipment & Supplies  
Sales & Service  
www.carneyandsloan.com  
304-233-5000

**YAHN**  
ELECTRIC COMPANY

ELECTRICAL CONTRACTOR  
SECURITY & COMMUNICATIONS  
Wheeling, WV - (304) 232-5070

Proud Supporters of St. Vincent de Paul Parish



# LIBERTY

*Distributors*

Custom Packaging Experts & All-In-One Facilities Solution | LibertyDistributors.com

# FULTON TIRE, INC.



**COOPERTIRES**

Phone: 233-4166  
460 National Road  
Wheeling, WV

Proudly Supporting  
St. Vincent de Paul Parish

# Panhandle

CLEANING & RESTORATION

FIRE SMOKE WIND MOLD SEWAGE WATER

Bob Contraguerro Sr., President  
24-Hour Emergency Line 800-504-7054



"CALL THE RESTORATION COMPANY  
THE MOUNTAINEERS CALL"

**Parishioner**  
CALL US FOR YOUR FOUNDATION  
WATERPROOFING AND  
STABILIZATION NEEDS!  
304-243-9900

**Angi**  
9-Time Winner  
Super Service Award

**ENGINEERED FOUNDATION SOLUTIONS**  
FREE ESTIMATES

Recent Recipient  
**Torch Awards for Ethics**  
Better Business Bureau of West Virginia

**BORDAS AND BORDAS**  
ATTORNEYS, PLLC

Proud Members of  
St. Vincent de Paul Parish

Contact us today for a free consultation. No fee unless we recover money for you.

WHEELING • PITTSBURGH • ST. CLAIRSVILLE • MOUNDSVILLE

1-888-4-JUSTICE bordaslaw.com

**Savage CONST. CO** WV #1309

EXCAVATION • CONCRETE • CRANE • EQUIPMENT RENTAL

- Graders • Rollers • Excavators
- Bull Dozers • HI Lifts

304-242-3100

www.SavageConst.com 196 Peters Run Rd. - Wheeling, WV 26003

Since 1946

# Straub Automotive



Wheeling • Triadelphia • Glen Dale • Moundsville

Shop online @ DriveStraub.com