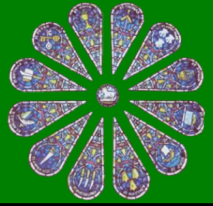




St. Vincent de Paul Parish

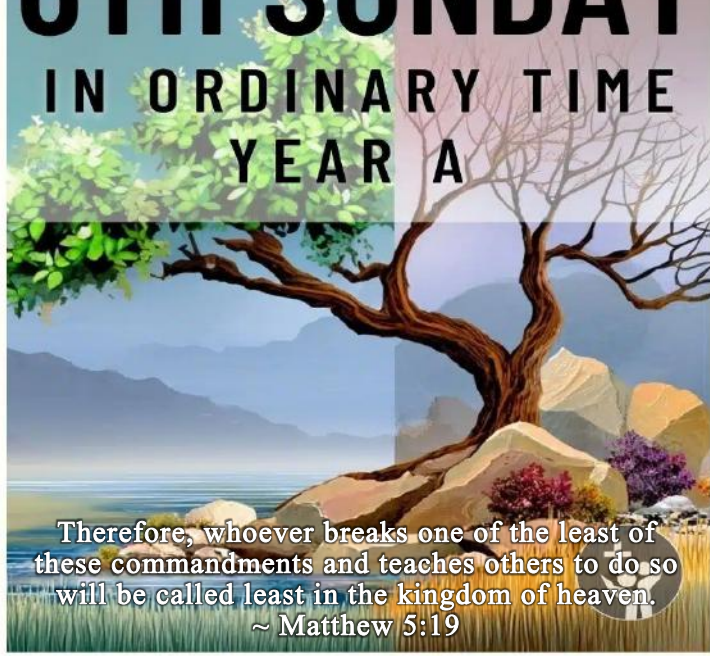
2244 Marshall Avenue, Wheeling, WV 26003

We are the Roman Catholic Parish of St. Vincent de Paul in the Diocese of Wheeling-Charleston, established in 1895, embracing the spiritual and corporal needs of Elm Grove and Wheeling. We strive to live as faith-filled disciples of Christ and in doing so, spread His Gospel message of Love, Hope, Mercy and Eternal Life.



The Sixth Sunday in Ordinary Time - Sunday, February 15th, 2026

6TH SUNDAY IN ORDINARY TIME YEAR A



Therefore, whoever breaks one of the least of these commandments and teaches others to do so will be called least in the kingdom of heaven.
~ Matthew 5:19

First Reading - Sirach 15:15-20

You can choose to keep the commandments and trust in God. God sees everything and gives you the choice between life and death, good and evil.

Responsorial Psalm - Psalm 119:1-2, 4-5, 17-18, 33-34

Happy are those who follow God's law with all their heart. Teach me, Lord, to follow your commands and give me understanding to keep them faithfully.

Second Reading - 1 Corinthians 2:6-10

We share God's hidden wisdom, planned for our glory, which the rulers did not understand. God's prepared blessings for those who love him, revealed through the Spirit who knows everything.

Gospel Acclamation - cf. Matthew 11:25

Blessed are you, Father, Lord of heaven and earth; you have revealed to little ones the mysteries of the kingdom.

Gospel Reading - Matthew 5:17-37

Jesus teaches his disciples to fulfill the law, surpass the righteousness of the scribes and Pharisees, avoid anger, lust, and false oaths, and always speak the truth.

PALMS NEEDED FOR ASH WEDNESDAY

The ashes used for Ash Wednesday are made from the burned and blessed palms of the previous year's Palm Sunday. We are asking parishioners to bring Palms to St. Vincent's and place them in the basket located in the vestibule.

ASH WEDNESDAY MASSES

Ash Wednesday Masses will be celebrated
Wednesday, February 18th, at 9:00 am and 5:30 pm

Parish Office Hours: Monday through Thursday, 8:00 am - 3:00 pm / Friday, 8:00 am - 12:00 pm

Phone: (304)242-0406 **Fax:** (304)243-0837 **Email:** info@saintvincentparish.org **Website:** www.saintvincentparish.org **Facebook:** @StVincentWheeling

PARISH STAFF

Pastor: Rev. Fr. Jeeson Stephan
jstephan@dwc.org

Deacon: Dcn. Thomas J. McFadden
tmcfadden@dwc.org

Parish Secretary: Susie Newmeyer
info@saintvincentparish.org

Finance & Accounting: Geri Saari
gsaari@saintvincentparish.org

Maintenance & Facilities: Gary Shaver
maintenance@saintvincentparish.org

Music Ministry & Event Coordinator:
Jacqueline Laurine
jalaurine@saintvincentparish.org

Parish School of Religion: Derek
Dimmey ddimmey@stvincentschool.org

OCIA: Cynthia Dimmey
cdimmey2015@gmail.com

COUNCILS & COMMITTEES

Altar Society Chairs:
Mary K Bell & Cathy Piazza

Finance Council Chair:
Larry Bandi

Pastoral Council Chair:
Deacon Tom McFadden

SVS School Advisory Board:
Lori Buchanan

BULLETIN SUBMISSIONS

The weekly Bulletin Submission Deadline is Tuesday evening!

Please submit any announcements, articles and information to be included in the weekly bulletin by emailing them to:
technology@saintvincentparish.org

MASS SCHEDULE

WEEKDAY MASSES

Tuesday - 5:30 pm

Wednesday - 5:30 pm

Thursday - 9:00 am

(When School is not in session, Mass time is 8:00 am)

Friday - 8:00 am

Saturday - 8:00 am

SUNDAY MASSES

Saturday - 5:00 pm (Vigil)

Sunday - 9:00 am & 11:30 am

- **Rosary** 30 minutes prior to each Mass

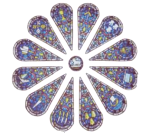
- **Adoration** Tuesdays from 10:00 am - 5:30 pm followed by Mass

- **Reconciliation** Saturdays from 4:00 - 4:30 pm, and on the 1st Saturday of the Month after morning Mass



St. Vincent de Paul Parish School

Education for Your Child's Mind, Body, & Soul



127 Key Avenue, Wheeling, WV 26003
(304) 242-5844

Julie Peroni, Principal
Tracy Thomas, Office Manager & Administrative Assistant to the Principal

School Office Hours:

Monday through Friday: 9:00 am - 3:00 pm

Email: jperoni@stvincentschool.org

Website: www.stvincentschool.org

Facebook, Instagram & YouTube: @SVS.Wheeling

Monday, February 16th	~ Teacher Professional Development Day - No School (President's Day)
Wednesday, February 18th	~ Ash Wednesday - School Mass, 9:00 am
Friday, February 20th	~ Progress Report Day



SVS celebrated 8th Grade Night, recognizing our 8th grade basketball players and cheerleaders for their dedication and leadership. We were also proud to honor our own Coach Beltz for his commitment to our student-athletes and our school community.



SVS DONATION DRIVES

As part of Catholic Schools Week, our students participated in three school-wide service projects, collecting donations to support our community. We are so proud of them for reaching their goals and helping our neighbors.



SCIENCE FAIR & SOCIAL STUDIES FAIR



Parish Information

2025 CONTRIBUTION STATEMENTS ARE NOW AVAILABLE

You can call the Parish Office or you can print them from your Flocknote profile. Go to "Giving" to access your report.

If you have any questions contact **Susie Newmeyer** at info@saintvincentparish.org or contact the Parish Office at 304.242.0406

Attendance for February 7th & February 8th

5:00 pm - 98 / 9:00 am - 125 / 11:30 am - 65

Total Attendance: - 288

Offertory for February 7th & February 8th

Collection: \$4,147 / Online Giving: \$1,412.87

Total Collection - \$5,559.87

Second Collection Update, February 8th - Church Missions within the United States - \$650

Upcoming Second Collection, March 8th - Diocesan Priests' Retirement Fund

Ways to donate to St. Vincent de Paul Parish - Weekly Envelopes, Loose Check or Cash, On-line Giving.

How to give on-line: Go to the Church Website, www.saintvincentparish.org. Click on **DONATE** at top right of page. / Click on the **White Give Online** box. / It will take you to the page to give. If you have any questions do not hesitate to call the Parish Office.

When writing checks for any collection, please make all checks payable to **St. Vincent's Church**.

THANK YOU FOR YOUR CONTINUAL PARISH SUPPORT!

Parish Information

Liturgy and Minister Schedule

The Sixth Sunday in Ordinary Time - Sunday, February 15th, 2026

Background on the Gospel Reading:

Matthew continues the Sermon on the Mount with a three part instruction by Jesus on the Way of Life in the kingdom of heaven. Today's reading is part one and deals with the Law. Part two deals with worship and religious practice and contains the Lord's Prayer. Part three deals with trusting God and deeds of loving service to our neighbor.

When Matthew speaks of "the Law and the prophets" he means the whole Scripture. When the Messiah brings the fullness of the kingdom none of scripture will be done away with. Instead it will be fulfilled. Matthew's Jesus does not overturn the Law of Moses, nor does he set his followers free from the Law. He requires his followers to go beyond the Law by doing more than the Law requires.

The Law condemned murder. Jesus condemns anger. The Law condemned adultery. Jesus condemns even lustful looks. As Jewish Christians who had always been faithful to the Law Matthew's community need a way to understand the difference Jesus and the kingdom he brings have made. They affirmed that God had always been at work in history through "the Law and the prophets." But God's work goes beyond that to be embodied by the Messiah who reveals the definitive will of God. The written scriptures and their interpretation in tradition are surpassed by Jesus whose life and teaching are the definitive revelation of the will of God.

Greeters for February 14th & February 15th

5:00 pm - John Bartsch & Jeff Klosinski / 9:00 am - Matt & Susie Koval / 11:30 am - Nancy Freeman & Gwen Gress

<u>Date</u>	<u>Time</u>	<u>Mass Intentions</u>	<u>Lectors</u>	<u>Eucharistic Ministers</u>
Sat. February 14th	8:00 am 5:00 pm	† Margaret & ♥ Ken Keyser † Frank Pietranton	Vickie Joseph	Nancy LaBrosse, Tom McFadden & Carol Harris
Sun. February 15th	9:00 am 11:30 am	† Pam Ammirante † Dante Camastro	Mary K Bell Cecilia Palmer	Lynn Hetzel, Mary K Bell & Matt Koval Judy Stadler, Lisa Armstrong & Barb Napple

Living the Word This Week: *How can I make my life a gift for others in charity?
Apologize to someone you have hurt.*

Tues. February 17th	5:30 pm	† Beverly Sharpsky	<u>CHILDREN'S LITURGY (2.15.26):</u> Susie Koval	
Wed. February 18th Ash Wednesday	9:00 am 5:30 pm	† Deceased Faculty and Staff of St. Vincent Parish and School † Bernie Coyne	SVS Denny Beiter	Derek Dimmey, Lynn Hetzel & Vickie Joseph Denny Beiter, Carol Harris & Maria Minor
Thur. February 19th	8:00 am	† Beverly Sharpsky	<u>ALTAR SERVERS (Weekend Masses)</u> Sam Anderson, Logan Buchannan, Emma Dean, Ava Dominquez, Lily Eikey, Eleanor Hortet, Lydia Koval, Landon Kazemka, Aria Moore, Andrew Rowan, Brody Turkaly, Justin Wilson	
Fri. February 20th <i>Stations of the Cross</i>	8:00 am 7:00 pm	† Michelle Allen		

Greeters for February 21st & February 22nd

5:00 pm - John Bartsch & Jeff Klosinski / 9:00 am - Tammy Rosenthal & Nancy Georges / 11:30 am - Paul & Susie Newmeyer

Sat. February 21st	8:00 am 5:00 pm	† Allan Latz (B) All the People of the Parish	Wally McMasters	Wally McMasters, Tom McFadden & Vickie Joseph
Sun. February 22nd	9:00 am 11:30 am	† Sr. Mary Alice McMasters † Generoso & Grazia Cerrone	Dorothy Dudzik Lori Buchanan	Susie Koval, Tom McFadden & Marilyn Delbrugge Judy Stadler, Tom McFadden & Susie Newmeyer

READINGS FOR THE WEEK

M - FEBRUARY 16TH - MONDAY OF THE SIXTH WEEK IN ORDINARY TIME

JAS 1: 1-11 / Ps 119: 67. 68. 71. 72. 75. 76 / Mk 8: 11-13

T - FEBRUARY 17TH - TUESDAY OF THE SIXTH WEEK IN ORDINARY TIME

JAS 1: 12-18 / Ps 94: 12-13A. 14-15. 18-19 / Mk 8: 14-21

W - FEBRUARY 18TH - ASH WEDNESDAY JL 2: 12-18 / Ps 51: 3-4. 5-6AB. 12-13. 14 AND 17 / 2 COR 5: 20 -- 6:2 / MT 6: 1-6. 16-18

T - FEBRUARY 19TH - THURSDAY AFTER ASH WEDNESDAY

DT 30: 15-20 / Ps 1: 1-2. 3. 4 AND 6 / LK 9: 22-25

F - FEBRUARY 20TH - FRIDAY AFTER ASH WEDNESDAY

IS 58: 1-9A / Ps 51: 3-4. 5-6AB. 18-19 / MT 9: 14-15

S - FEBRUARY 21ST - SATURDAY AFTER ASH WEDNESDAY

IS 58: 9B-14 / Ps 86: 1-2. 3-4. 5-6 / LK 5: 27-32

S - FEBRUARY 22ND - FIRST SUNDAY OF LENT GN 2: 7-9; 3: 1-7 / Ps 51: 3-4. 5-6. 12-13. 17 / ROM 5: 12-19 OR 5: 12. 17-19 / MT 4: 1-11

The Law and the Prophets:

Jesus said to his disciples: "Do not think that I have come to abolish the law or the prophets. I have come not to abolish but to fulfill. Amen, I say to you, until heaven and earth pass away, not the smallest letter or the smallest part of a letter will pass from the law, until all things have taken place." ~ Matthew 5:17-18

Glorious Lawgiver and Messiah, Your Wisdom is perfect, eternal, and transforming.

All things came to be through You and find their fulfillment in You.

I thank You for the gift of Your Eternal Law and pray for the grace to live it to perfection, with the aid of Your saving grace.

Jesus, I trust in You.

Prayer & Worship

Prayer List, Mass & Adoration Opportunities, Religious Education



Prayer Requests

Abina Baker	Rosemary Mackey
Charles Ballard	Sue Marple
Brenda Beiter	Brandt Mazeroski
Barb Bennett	Wally McMasters
Russ Bennett	Kathleen Huffman Miller
Patricia Bock	Kelsey Miller
Adrian Boggs	Joseph Moskitis
Linda Boggs	Arlene Muccioli
Cheryl Boissy	Lois Naegele
JP Boissy	Bob Neidhardt
Steven Bonenberger	Curt Nethercutt
Carl Bott	Mary Ann Nolte
Mary Kay Britt	Nancy Oliver
Bill Childers	Michael Pichette
Kayla Clayton	Josie Purpura
Debbie Clear	Jenna Russell
Theresa Comer	Paul Russell
Gerald Cook	Peggy Shalvey
Linda Curtis	Jessica Shell
Holly Custer	Julie Shiess
Judy Dietrich	Addison Stephens
Kerry Dietrich	Robbie Stern
Buck Ebert	Joe Tankovits
Ethan Eckman	Dave Taylor
Barbara Fitzsimmons	Stephanie Temple
Keven Freeman	Joann Thomas
Rita Gallo	Marlene Trischler
Mary Beth Greenwood	Glen Ullom
Barry Helms	Lynn Uraco
Anne Hellstern	Christy Yopal
Greg Hicks	Kathy Wagner
Joe Holly	Machelle Walton
Ginger Kent	A.D. & Pam Wilson
Rosemary Kimmins	Ann & Charlie Wolfe
Alice Knollinger	Dick Wolfe
Lori Konarski	Logan Wolfe
Susie Koval	Barbara Zorn
Al Kreitzer	All Homebound, Sick and Shut-Ins
Flavia Langan & Family	
Marcia Laughlin	
Jacqueline Laurine	Good Shepherd:
Gerilyn (Gigi) Latz	Ted McKeets
Brandi Mackey	Peterson:
Richard Mackey	Jim Sengewalt

Due to privacy concerns, we cannot publish names of sick or hospitalized without the permission of the individual or their family. To have someone placed on the prayer chain or taken off the prayer chain, please call the Parish Office at (304) 242-0406.

FEBRUARY DEVOTIONS



By tradition, the Catholic Church dedicates each month of the year to certain devotion.

The month of February is dedicated to the **Holy Family**.

THE HOLY FATHER'S INTENTIONS FOR THE MONTH OF FEBRUARY 2026 For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

<https://popesprayerusa.net/popese-intentions/>

COMMEMORATIVE MASS ASSOCIATION (February)

Please pray for:

Guy Bellanco,
Tom & Anna Bellanco,
Ronald Patrick Fields,
Fitzpatrick and Derraw Families,
Stanley, Helen, Stanley Jr. Matussek,
McCulley and Schraml Families,
Don Edward Miller,
Felicia Montagna,
Dorothy & Edward G. Patrick,
Frank Pietranton

EUCCHARISTIC ADORATION



This invitation is from Jesus, and it is personal to you! To spend just one hour each week with Him. Eucharistic Adoration takes place **Tuesdays, 10:00 am - 5:30 pm**. Benediction is at **5:30 pm**, followed by Mass.

In the Garden of Gethsemane Jesus reminds us of this invitation: "Could you not keep watch for one hour with me?"

Condolences and Prayers



to the family and friends of **Rusty Jebbia** who will be laid to rest on **Saturday, February 21st**

BAPTISM:

Please contact the Parish Office to arrange for a meeting with Deacon Tom McFadden as well as the necessary preparation.

MARRIAGE:

Engaged couples should contact the parish Office at least six months in advance to make an appointment with Fr. Jeeson.

PSR:

PSR Classes meet every Sunday from **10:15 am - 11:15 am** in the Parish Center.

If you would like to register your child for these classes, please pick up a form in the vestibule of the church. Completed forms can be turned into the parish office.

If you have any questions, please email Derek Dimmey at ddimmey@stvincentschool.org

OCIA:

Any non-Catholic interested in becoming a Catholic can contact the Parish Office for information regarding the Order of Christian Initiation of Adults or contact Cynthia Dimmey at cdimmey2015@gmail.com.

ANointing OF THE SICK

Priests and Extraordinary Ministers of Holy Communion are available to bring Holy Communion to parishioners confined to home. Please call the Parish Office to make arrangements. Those who are seriously ill or who are preparing for surgery should request a priest for Anointing of the Sick.

HOME VISITS

Anyone knowing of a homebound or sick parishioner that might like a visit from Fr. Jeeson, please contact the Parish office at **(304) 242-0406**.

THEMES FOR THE 6TH SUNDAY IN ORDINARY TIME, YEAR A

The 6th Sunday in Ordinary Time Year A focuses on choices, wisdom, and living a good life. Jesus teaches that following God's law is not just about rules but about having the right attitude and actions.

Free Will and Choice: God gives people the ability to choose between good and evil. The first reading reminds everyone that their choices lead to life or death.

Following God's Wisdom: The second reading speaks of God's wisdom, which is different from human wisdom. People who love God receive his wisdom through the Spirit.

Obeing the Commandments: Jesus teaches that obeying God's law is more than just following rules. It means living with honesty, love, and self-control.

Avoiding Anger and Hate: Jesus says anger can lead to harm, just like murder. He calls his followers to seek peace and forgiveness instead.

Purity in Thoughts and Actions: Jesus warns against lustful thoughts and actions. He teaches that purity starts in the heart, not just in outward behavior.

Speaking Truthfully: Jesus tells his followers not to swear oaths but to be honest in everything they say. Truthfulness should be part of daily life.

God sees everything and wants people to choose good over evil. The readings on the 6th Sunday in Ordinary Time Year A remind everyone that faith is not just about laws but about living with love, wisdom, and truth.

Parish Outreach

Service Organizations, Announcements & Ministries

KNIGHTS OF COLUMBUS



~The Knights of Columbus will be distributing Baby Bottles the **weekend of February 22nd**.
~The Knights kindly ask to please put cash or loose coins in the bottles.
~The bottles will be **collected on Palm Sunday, March 29th**.
~All proceeds will go to help assist women with young children or crisis pregnancies.
~Thank you for your support and cooperation!

SCHEDULING OF MEETINGS IN THE RECTORY / MARIST CENTRE

If you are hosting a meeting here at St. Vincent's and using the Rectory /Marist Centre as your meeting space, please let the Parish Office know ahead of time. Thank you!

LECTOR TRAINING

There will be Lector training for all new Lectors!
~ **February 21st** after the **5:00 pm** Mass
~ **February 22nd** after the **9:00 am** Mass.

OLSD ALTAR SOCIETY

I am asking if there is anyone who is available to help with the **prep work on Thursday's** during Fish Fry Season. It is on the day before the fish fry that we make Cole Slaw, Macaroni and Cheese and the Vegetable Soup. It is a six week commitment and I could truly use the help.

Please contact me at **304-242-2355**. Thank you! Mary K. Bell

ATTENDING MASS WHEN TRAVELING

If you are traveling or attending a new church, it can be difficult to find Mass times or church contact information within a specific area.

CatholicMassTime.org provides easy access to Mass schedules, church locations, parish contact information and more. Our mission is to connect Catholics with church information across the country, in every state within the USA. We hope our service will help you and your family more easily find Mass times while traveling or at home.

Thursdays @ 7:30 p.m.
Wheeling Area CIR Group at St. Alphonsus

Catholic sacramental recovery and fellowship for those seeking freedom from addictions, compulsions, and unhealthy attachments.



FAITH | FREEDOM | FELLOWSHIP



*Beginning Thursday, March 5th, 2026
the Catholics In Recovery Meeting @ St. Alphonsus Parish
will meet at 7:00 PM (previously 7:30 PM)*

From the Diocese of Wheeling-Charleston

To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at **800-352-6513**. To report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact the Diocese at **888-434-6237** or **304-233-0880**.



SVDP YOUTH MINISTRY

Hello everyone,

We had our first young adult meeting this past Sunday, February 8th. We met at Wheeling Park's Starbucks Cafe. We got to know each other and find out what we would be interested in doing as a group.

Our next meeting will be **Sunday, March 8th** in the St. Vincent de Paul's Marist Center at 3:00 pm. The plan is to play cards / games.

Hope to see you there and reach out to me with any questions.

Thanks, **Nataliedrew Georges - 304.218.9360**

PSR

If your child is preparing to receive First Reconciliation, First Holy Communion, or Confirmation, here are the dates for upcoming Sacraments.

~ **First Reconciliation**, scheduled for **Tuesday, March 3rd**

~ **First Communion Retreat**, scheduled for **Saturday, May 2nd**

~ **First Communion**, scheduled for **Sunday, May 3rd**.

~ **Confirmation Retreat**, scheduled for **Thursday, April 30th** after 9:00 am Mass

~ **Confirmation** at SVDP, **Saturday, May 16th** at 5:00 pm Mass

If you have any questions please email Derek Dimmey at ddimmey@stvincentschool.org

OCIA

Please keep the catechumens and candidates in your prayers as they journey toward full communion with the Catholic Church, particularly as they undergo Rites of Welcoming, and Election.

Their path involves deep study, discernment, and preparation for the Sacraments of Initiation.

~ **Rite of Sending** is scheduled for **Sunday, March 1st**, at St. Vincent de Paul Parish, Wheeling, at **9:00 am**

~ **Rite of Election** is scheduled for **Sunday, March 1st**, St. Alphonsus Parish, Wheeling, at **3:00 pm**

ST. VINCENT DE PAUL SOCIETY

"It is better to give than to receive"

This Catholic lay organization leads women and men to join together to service those who are needy and suffering.

If you would like to attend a meeting, call **Mary Lou Kent** at **304-242-1019**.

THIRD ORDER OF MARY

The Third Order of Mary are not meeting in the months of January and February.

The next meeting is scheduled for **Saturday, March 14th, 2026** at **10:00 am** in the Caveney Room.

ST. JOHN'S BEREAVEMENT GATHERING

Grief from a Faith Perspective:

If you, or someone you know has lost a loved one and may benefit from a gathering for those grieving, please join us at **6:00 pm** on the last Monday of each month at St. John's Fellowship Hall in Benwood, WV.

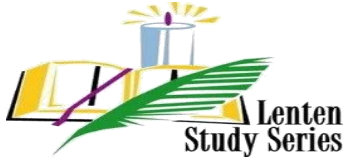
Facilitators: Deacon Doug Breiding,
Deacon Tom & Michele McFadden
Sponsored by Mount Calvary Cemetery

Next gathering will be on
Monday, February 23rd



Lenten Study Series Topics

"Conversion and Renewal: A Lenten Journey with Christ"



Each Thursday during the Lenten Season, St. Vincent de Parish will be hosting a study series that is open and available for anyone to attend. Each study series begins at **6:00 pm** in the **Sanctuary**.

Week 1: Thursday, February 19th. - "The Mass Explained: Why We Do What We Do"

Explore each part of the Mass, its scriptural roots, and spiritual meaning.
Presented by Justin Golna, Judicial Vicar, DWC

Week 2: Thursday, February 26th. - "The Real Presence: Understanding the Eucharist"

Presented by Fr Carlos, Pastor St Michael, Wheeling

Week 3: Thursday, March 5th - "Faith Sharing and Witness Testimonials"

Presented by Deacon Tom & Michelle McFadden, and Barb Napple

Week 4: Thursday, March 12th. - "Conversion and Renewal: The Journey of Lent"

Repentance, confession, spiritual combat, and growth in holiness.
Presented by Fr Joseph Wiley, Pastor Corpus Christi, Warwood

Week 5: Thursday, March 19th. - "The Seven Last Words of Christ"

Forgiveness, suffering, hope, trust, surrender.
Presented by Fr John Soplonki, Vocation Director, DWC

Week 6: Thursday, March 26th. - "Walking with Jesus to Calvary: The Passion Narratives"

Study the Passion in the gospel of John
Presented by Fr Jeelson Stephen, Pastor St. Vincent de Paul, Wheeling

How to Find Time in the Day for Lent

The fast pace of your life may seem to leave little time and energy for the traditional Lenten practices. But you can weave moments of spiritual awareness and service into even the busiest of schedules. The trick is to see Lenten practice as part of, rather than in addition to, each activity of your ordinary hectic day.

The three foundational practices of Lent are **prayer**, **fasting**, and **almsgiving**. Here's how to think about them in a new way:

Praying Daily - If you make a habit of saying a little prayer whenever someone irritates you, cuts you off in traffic, or makes life difficult; when someone does you a favor, you experience great and friendly service, or when something joyful happens to you—you will soon find yourself praying your way through the day. Try this simple practice and you will be observing the Catholic Church's call for greater prayer during the Lenten season. You will also find that this habit makes your life flow smoother, your self more centered, and your Spirit more aware of God's presence.

A Different Type of Fasting - There are many ways to fast. Why not fast from criticism, gossip, judging others, or passing on rumors? Why not abstain from unwarranted fear and anxiety? You can also tell that inner voice inside your head that criticizes you to abstain from eroding your ability to be the confident, blessed person God calls you to be. These are beautiful ways to observe the Lenten call to fasting and abstinence. In the book, *Praying Lent*, the authors offer suggestions on different ways to fast during Lent.



Give of Yourself - Daily life also offers countless opportunities to give of yourself to others (alms), and most don't involve dipping into your wallet. Give encouragement to the doubting, give a word of praise to the insecure, show kindness to someone who could use a friend, and offer a word of thanks to those whose service of others often goes unappreciated. Give the gift of your attention to someone who simply wants to be noticed. Tell your children stories about people whose values you admire when you gather at mealtime. Don't be stingy with your smiles—give them freely to everyone you meet. And most important, give your love to those close to you. Hug them, hold them, and tell them what they mean to you. In this way you open your heart to God and others.

So no matter how busy you are in life, with some greater awareness and new perspectives you can consciously pray, fast, and give of yourself this Lent—and you will be ready to celebrate when a joyful dawn breaks upon you Easter morning.


Lenten Calendar

SVDP Events

FEBRUARY 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
15	16	17 Mardi-Gras Pancake Dinner 6:00 pm - 8:00 pm 	18 LENT BEGINS! <i>Day of Fasting and Abstinence</i> 	19 Lenten Study Series "The Mass Explained: Why We Do What We Do" - 6:00 pm	20 <i>Day of Abstinence</i> OLSD Fish Fry! Stations of the Cross 7:00 pm	21 Lector training for all new Lectors after the 5:00 pm Mass
22 1st Sunday of Lent Lector training for all new Lectors after the 9:00 am Mass	23	24	25	26 Lenten Study Series "The Real Presence: Understanding the Eucharist" - 6:00 pm	27 <i>Day of Abstinence</i> OLSD Fish Fry! Stations of the Cross 7:00 pm	29

MARCH 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 2nd Sunday of Lent <i>Rite of Election celebrated at St. Alphonsus, 3:00 pm</i>	2	3 PSR First Reconciliation	4	5 Lenten Study Series "Faith Sharing and Witness Testimonials" - 6:00 pm	6 <i>Day of Abstinence</i> OLSD Fish Fry! Stations of the Cross 7:00 pm	7
8 3rd Sunday of Lent	9	10	11	12 Lenten Study Series "Conversion and Renewal: The Journey of Lent" - 6:00 pm	13 <i>Day of Abstinence</i> OLSD Fish Fry! Stations of the Cross 7:00 pm	14
15 4th Sunday of Lent	16	17 	18	19 Lenten Study Series "The Seven Last Words of Christ" - 6:00 pm	20 <i>Day of Abstinence</i> OLSD Fish Fry! Stations of the Cross 7:00 pm	21
22 5th Sunday of Lent	23	24	25 Solemnity of the Annunciation of the Lord	26 Lenten Study Series "Walking with Jesus to Calvary: The Passion Narratives" - 6:00 pm	27 <i>Day of Abstinence</i> OLSD Fish Fry! Stations of the Cross 7:00 pm	28
29 PALM SUNDAY	30	31 <i>Chrism Mass celebrated in Wheeling, 4:00 pm</i>				

APRIL 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 HOLY THURSDAY	3 GOOD FRIDAY <i>Day of Fasting and Abstinence</i>	4 HOLY SATURDAY
5 EASTER SUNDAY						

Lent

Announcements



LENT

Lent is a 40 day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter.

FASTING DAYS: include Ash Wednesday and Good Friday (one full meatless meal is permitted), and meatless Fridays during Lent (fish and shellfish are permitted).

THE THREE PILLARS: of Lent are **prayer, fasting** and **almsgiving**. In addition to fasting, many also choose to abstain from other comforts during Lent.

HOLY WEEK: begins with **Palm Sunday**, March 29th, a celebration of Christ's triumphant return to Jerusalem.

EASTER TRIDUUM: begins with **Holy Thursday**, April 2nd, at Sunset, signaling the end of the Lenten season.

RESOURCES FOR YOUR LENTEN JOURNEY

As Catholics around the world gather for Mass and prayer services on Ash Wednesday, we are bonded by the physical and spiritual connection we share as followers of Jesus. Use the resources on this page to further your knowledge and appreciation of the sacred rituals of Lent.

<https://www.loyolapress.com/catholic-resources/liturgical-year/lent/arts-and-faith-for-lent/cycle-a/arts-and-faith-week-1-of-lent-cycle-a/>

STATIONS OF THE CROSS DURING LENT

Stations of the Cross will be celebrated at St. Vincent's Parish each **Friday** during Lent at **9:00 am (school)** and at **7:00 pm**.



On **Good Friday**, Stations of the Cross will be celebrated at Our Lady of Seven Dolors Mission at **3:00 pm**.

HAND-CARVED GIFTS FROM THE HOLY LAND

There will be a collection of beautiful handmade olive wood carvings from Bethlehem in the Holy Land displayed at St. Vincent de Paul Parish the weekend of February 21st & 22nd after each Mass.

These carvings are authentic hand-carved olive wood gifts from the Holy Land, including nativity scenes, crucifixes, rosaries, and statues made by the Christians of Bethlehem, who use them as their main source of income.



Our Olive Wood Fall Collection from the Holy Land is here!



*Our Lady of Seven Dolors
Altar Rosary Society
Annual Fish Fry!*

Join us for Fellowship and Great Food!

Date: Beginning Friday, February 20, 2026
Every Friday of Lent (with the exception of Good Friday)

Time: 11:00 am—5:30 pm (Or Until Sold Out)

Place: OLSD Church Hall in Triadelphia

Phone: 304-547-5342

Local Delivery Available: 11:00am to 1:00pm

For Carry Out Orders - see reverse side



**50/50 Raffle tickets will be sold
at the Fish Fry
Drawing will be held the last Fish Fry**

**All Proceeds to support OLSD Church &
St. Vincent de Paul Church**

**Assortment of Delicious Homemade
Baked Goods Available**



Our Lady of Seven Dolors Altar Rosary Society Fish Fry

Call in Orders

Telephone orders can be taken on Fridays by calling **304-547-5342**.

You are always welcome to dine in too!

Name: _____ Phone: _____

Pick up Time: _____ **All Orders Must Be Picked Up by 5:30 p.m.**

Product	Cost	Quantity	Total
Fish Sandwich	\$7.00	* _____ =	_____
Cole Slaw	\$3.00	* _____ =	_____
Macaroni & Cheese	\$3.00	* _____ =	_____
Vegetable Soup	\$3.00	* _____ =	_____
Chips	\$0.50	* _____ =	_____
Pop	\$2.00	* _____ =	_____
Bottled Water	\$1.00	* _____ =	_____
Total Due:			_____

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Directions: Chapel Hill Rd Triadelphia, West Virginia, 26059

Take Route 40 E into Triadelphia WV. Pass Bleifus Tire on the right hand side of the road. A Methodist church sits on the left. Turn left at the Methodist Church on to Chapel Hill Road. Our Lady of Seven Dolors' Church is on the right.



Thank you for your support!



Lent

Announcements



LENTEN DISCIPLINES OF FASTING & ABSTINENCE

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

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Our Lady of Peace Parish Infant of Prague Novena



January 26 - March 23 (9)
Mondays at 7:00 pm
Adoration and Guest Homilist

"The More You Honor Me, The More I will Bless You"

HOLY HOUR FOR PEACE

*"A moment of renewal
for our hearts
and for our nation."*

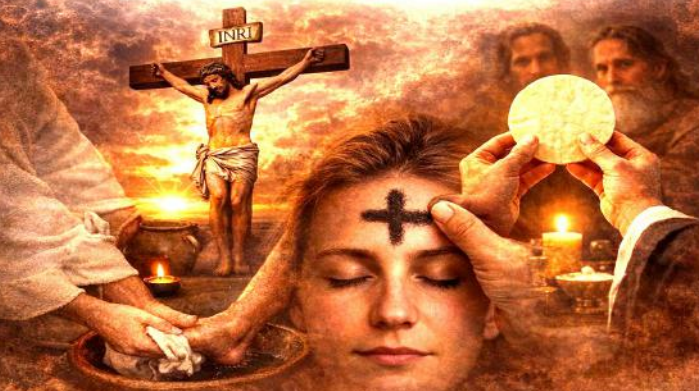
4pm, Friday, February 6
St. Alphonsus Church

2111 Market Street, Wheeling



Our Lady of Peace Parish
Invites you to find rest and restoration at our
Lenten Healing Retreat
Saturday, March 7
9:00 AM-12:00PM

Step away from the noise of the world and open your heart to a morning of grace, peace, and prayer.



We welcome Rev. Sunil Thomas

Former Director of the St. Vincentian Retreat Center, New Jersey
As he leads in

Lenten Retreat and Talk Eucharistic Adoration
Benediction Anointing of the Sick

"Come to me, all you who are weary and burdened, and I will give you rest."

We look forward to sharing this morning of healing with you.

St. Joe's Parish Lenten Mission

with Deacon Harold Bunke-Sivens
a.k.a. the Dynamic Deacon!

229 California Ave. Weirton, WV 26062
Questions? Call 304-723-2054

March 22-24, 2026

7:00 - 8:00 PM: Talk
8:00 PM-TBD: Confession,
Meet & Greet, Book Sales,
& Refreshments!

Deacon Harold Bunke-Sivens - known around the world as the "Dynamic Deacon" - is one of the most sought-after speakers in the Church today. He is a powerful and passionate evangelist and preacher, whose no-nonsense approach to living and proclaiming the Catholic faith will challenge and inspire those who hear him.



Scan the QR Code to
Register for Free!

Parish Information

Weekly Calendar & Upcoming Events

SVDP - A LOOK AHEAD...

Prayer of the Week	<i>Lord, you call us to live with truth and love. Help us to follow your ways, not just in words but in our hearts. Teach us to choose what is right and to turn away from anger, dishonesty, and selfishness. Fill us with your wisdom so we may walk in your light. Amen.</i>
Sunday, February 15th	~ The Sixth Sunday in Ordinary Time ~ Small Group , (Drnach), 10:10 am - 11:20 am (Apologetics from Ignatian Spirituality) ~ Church Choir Rehearsal , 8:30 am (Singing at the 9:00 am Mass)
Monday, February 16th	~ Bell Choir Rehearsal , 3:00 pm, in the Chapel
Tuesday, February 17th	~ Adoration , 10:00 am - 5:30 pm ~ Small Group , (LaBrosse), 2:00 - 3:15 pm, in the Youth Room
Wednesday, February 18th	~ WEDNESDAY NIGHT BINGO! ~ Doors open at 4:30 pm / BINGO starts at 6:00 pm
Thursday, February 19th	~ Small Group , (McKeets), 2:00 - 4:00 pm (The Chosen - Season 4) ~ Small Group (Mazzocca), 3:00 - 4:00 pm (now meeting at the Mazzocca's House. If you want to join their small group contact Barb Mazzocca.)
Friday, February 20th	~ Rosary (Mazzocca), 4:00 - 5:00 pm
Sunday, February 22nd	~ The Sixth Sunday in Ordinary Time ~ Small Group , (Drnach), 10:10 am - 11:20 am (Apologetics from Ignatian Spirituality) ~ Church Choir Rehearsal , 10:15 am

UPCOMING SVDP SOCIAL EVENTS...



HELP WANTED

We could use a few extra hands to help with our Wednesday Night Bingo!

SVDP BINGO DATES FOR FEBRUARY
 Wednesday, February 4th
 Wednesday, February 11th
~~NO BINGO, February 18th (Ash Wednesday)~~
 Wednesday, February 25th

MARDI-GRAS PANCAKE DINNER



When: Tuesday, February 17th

Where: Marist Centre

Time: 6:00 pm - 8:00 pm

Please sign-up in the vestibule!

MARDI-GRAS VOLUNTEERS NEEDED!

Assistance needed for the Mardi Gras Pancake Dinner on Tuesday February 17th. Help is needed to setup, serve and clean up. Please see Jacki or call the parish office.

Thank you!



THANK YOU!

to each and every one of our **BINGO VOLUNTEERS** (week of 2-11-2026) for helping to make our

Wednesday Night Bingo successful!

John Bartsch, Janie Davis, Patty DeGasperis, Mary Gibson, Gwen Gress, Jeff Klosinski, Camille Laudermilt, Jim & Jacki Laurine, Bruce & Anita Littleton, Mary Ann Miller, Deb Pawloski

EUCHRE NIGHT - Friday, March 6th



Doors open at 6:30 pm

Euchre starts at 7:00 pm

\$10 per person



SAVE THE DATE!

Sunday, July 12th

SVDP Golf Scramble

Oglebay's Crispin Golf Course

\$400 per team (4 golfers)

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a part of
our Flock!



Keep in touch with us via
email and text!



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